

PERSONAL INFORMATION



BERNARDO ALBERGARIA

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Sex Male | Date of birth 06/10/1969 | Nationality Brazilian

POSITION

Medical Doctor

WORK EXPERIENCE

06/06/2006–06/06/2016

Board Certified Orthopaedic Surgeon

Clinorto Ortopedia e Traumatologia, BELO HORIZONTE, MG (Brazil)

Orthopedics and Traumatology Care / Sports Medicine / 150 patients per month between 2006 and 2016. In this Clinic, in addition to clinical care, procedures are performed, namely: plaster casts, immobilization, fracture reduction and joint punctures. a body of 11 Orthopedists in five sub-specialties (Hand, Spine, Knee, Hip, Pediatric Orthopedics and Foot Surgery) where about 3500 consultations are performed per month. From 2006 and 2016 18.000 plus appointments, procedures and consultations performed.

03/02/2002–14/10/2019

Medical Examiner/Forensics

Legal Medicine Institute from the Judiciary Police of the State of Minas Gerais, Brazil

Medical Examiner responsible for legal medical examinations in 11 cities in the southwest of Minas Gerais. Performing autopsies, physical injury exams, forensic sexology, medical records analysis and investigation of suspected malpractice cases, exhumations and preparation of reports and reports of the above cases. Coordination of the team of coroners in the city of Contagem, MG, from August 2007 to March 2010. From March 2010 to July 2014, he was a member of the team of coroners of the Medico Legal Institute (IML) from Belo Horizonte, performing autopsies and exams. body of crime (bodily injury, intoxication, domestic violence and sex related violence).

04/01/2003–05/08/2016

Ortopedista-Corpo Clínico

FUNDEP, Fundação de Ensino e Pesquisa, Prefeitura Municipal de São Sebastião do Paraíso, MG, Paraísoplex Ind. e Comércio Ltda.

Member of the Clinical Staff as a board certified specialist in orthopedics and traumatology at the Rizoleta Tolentino Neves Emergency Hospital, Belo Horizonte, MG, in 2007 and 2008, working in the care of multiple trauma patients, fractures and performing orthopedic trauma surgeries. Emergency attending surgeon at Odilon Behrens Hospital in Orthopedics and Traumatology, Belo Horizonte, MG, 2006. Orthopedist at Paraísoplex (disposable surgical materials industry with 750 employees located in São Sebastião do Paraíso, MG) between 2003 and 2006, performing about 40 weekly consultations with factory staff. Orthopaedist of the County of São Sebastião do Paraíso between 2003 and 2004.

01/01/2014–15/10/2019

Forensic Anthropology

Forensic Anthropology Department, Medico Legal Institute, Belo Horizonte (Brazil)

Autopsies in complex cases (decomposed bodies, skeletal remains, charred and unidentified cases), crimes against humanity and mass disasters (plane crashes, major burnings, natural disasters). Consultant for the other members of the Forensic Anthropology Team in Osteology, Pathology and Traumatology.

Firearm injuries and Terminal Ballistics; Cases where orthopedic implant materials are found.

01/01/2008–07/07/2008

Substitute Professor

Faculty of Medicine, Federal University of Minas Gerais, Belo Horizonte (Brazil)

Theoretical and practical classes for undergraduate medical students of the 5th year of medical school, discipline of Orthopedics and Traumatology, with workshops on reduction of fractures and dislocations and placement of plaster casts.

31/01/2009 **Publishing:**

Belo Horizonte (Brazil)

- **Book Author: Firearm Wounds in Orthopedics and Traumatology, Folium Publishing House, ISBN 978-85-88361-20-1, Belo Horizonte, MG, 2009, Brazil.**
- **Article: Infection rates comparison between femoral shaft fractures treated with interlocking femoral rods versus Ender's nails. ISSN 1982-8586 Arq Traumatol Ortop v.01, nº01, p37-44, 2007.**
- **Gunshot Wounds and Terminal Ballistics, In "Trauma - Clinical and Surgical Approach, Chapter 04, Editors: Abrantes, Wilson L. and Drummond, Domingos André F., Ed. Revinter, in press.**

02/09/2002–25/10/2015 **Lecturer**

Hospitals, Medical Faculties, Special Forces groups and other Law Enforcement Units in Brazil.

Lectures and Lessons Delivered:

- 1. Ballistics notions applied to trauma surgery,** Department of Trauma Surgery, Medical Association of Minas Gerais, Belo Horizonte, September 2002.
- 2. Ergonomics as a factor of improvement of the Human-Machine Interface,** SIPAT, Paraisoplex, São Sebastião do Paraíso, MG, September 2003.
- 3. Supersonic Ammunition Wound Treatment,** Special Operations Seminar, Capital Police Command, Military Police Headquarters, MG, Belo Horizonte, December 2003.
- 4. Injuries caused by high-speed firearms,** Event Police Battalion (BPE) -PMMG, Belo Horizonte, February 2004.
- 5. Wounds caused by supersonic ammunition,** Special Tactical Action Group - GATE-PMMG, Belo Horizonte, MG May 2004.
- 6. Gunshot Wounds,** 12th Military Police Battalion, Passos, MG, September 2005.
- 7. Orthopedic treatment of firearm injuries-**Schussgehwir-Mother Teresa Hospital, Belo Horizonte, October 2009.
- 8. Patellar Femoral Syndrome** - Class delivered at SMEXE, Minas Gerais Society of Exercise and Sports Medicine, UFMG School of Medicine, May 2010.
- 9. What is Sports Medicine?** Academic League of Orthopedics and Sports Medicine, Federal University of Minas Gerais School of Medicine, Belo Horizonte, MG April 2012.
- 10. Extensor mechanism overload syndromes,** Academic League of Orthopedics and Sports Medicine, Federal University of Minas Gerais School of Medicine, Belo Horizonte, MG, May 2012.
- 11. Gunshot wounds.** XIII Academic Congress of Medicine, Minas Gerais School of Medical Sciences, Belo Horizonte, MG, November 2012.
- 12. Musculoskeletal Injuries caused by firearm projectiles.** Academic League of Orthopedics and Sports Medicine, Federal University of Minas Gerais School of Medicine, Belo Horizonte, MG, October 2012.
- 13. How to recognize the female athlete triad.** IV SAMMG Congress, Medicine the Challenge to Integrate, Belo Horizonte, MG, October 2015.
- 14. Firearm Wounds: How to Act.** Class given at the University of Coimbra, Portugal CHUC, Orthopedics Department clinical meeting, Coimbra, Portugal, 18 October 2017.
- 15. Gunshot Wounds and the Musculoskeletal System: A review of "non osseous complications".** Lecture at the Faro Hospital, University of Algarve, School of Medicine, Faro, Portugal, 18 march 2019.

EDUCATION AND TRAINING

- 10/01/1988–24/07/1995 **Medical Degree**
 Medical School, Federal University of Minas Gerais, Brazil, Belo Horizonte (Brazil)
- 03/07/1995–30/09/1995 **Fellowship**
 Ivo Pitanguy Clinic, 38th Ward of Plastic Surgery, Santa Casa de Misericórdia, Pontifical Catholic University of Rio de Janeiro., Rio de Janeiro, RJ (Brazil)
 Monitoring of surgeries and scientific meetings in Plastic Surgery under the guidance of Prof. Dr. Ivo Pitanguy.
- 04/03/1996–13/12/1996 **Sports Medicine Internship**
 Faculty of Medicine, University of São Paulo, USP, Brazil., São Paulo, SP (Brazil)
 Course with workload of 464 hours under the guidance of Prof. Dr. João Gilberto Carazzato, graded A+.
- 01/01/1999–31/12/2001 **Residency in Orthopedics and Traumatology**
 Fundação Hospitalar do Estado de Minas Gerais, FHEMIG, Belo Horizonte (Brazil)
 Medical Residency Course with a workload of 60 hours per week plus night shifts and weekends in Orthopedics and Traumatology. Internships in Maria Amélia Lins Hospitals (orthopedic trauma surgeries with trauma outpatients, external fixators and osteomyelitis), Federal University of Minas Gerais Hospital das Clínicas (outpatient clinics and surgeries in the orthopedic sub-specialties: shoulder, spine, hip, knee, foot and hand), Baleia Hospital (Child Orthopedics and external fixators), João XXIII Level I trauma Hospital (open fractures and emergency care in orthopedics and traumatology), Galba Veloso Orthopedic Hospital (orthopedic trauma surgery and outpatient clinic).
- 15/06/2011–15/06/2011 **FIMS Team Physician Development Course**
 Federation Internationale de Medecine du Sport, Petrópolis, RJ (Brazil)
- 01/02/2002–21/08/2002 **Curso de Formação Policial em Medicina Legal**
 Minas Gerais Judiciary Police Academy, Acadepol., Belo Horizonte (Brazil)
 Course for entry into the medical examiner's career following an open competition, consisting of hands-on training and theory classes for performing autopsies, legal medical examinations in the various areas of the medical examiner's practice (exhumations, autopsies, body examinations, malpractice, sanity, drunkenness and forensic sexology) and their reports.
- 22/09/2016–Present **PhD Student - Forensic Anthropology**
 Faculty of Science and Technology, University of Coimbra, Coimbra (Portugal)
- 22/11/2017 **Masters Degree in Medicine** Medical MsC Degree according to the Bologna Treaty
 Nova Medical School, Lisbon, Portugal, Lisboa (Portugal)
 After passing the State Exam (Written Test and Clinical Practice Test) and the Public Test, which recognized the Degree and awarded the degree of Master in Medicine.
- 26/10/2017–28/10/2017 **CONGRESS, COURSES AND SYMPOSIUM:**
- **XII Brazilian Congress on Blindness Prevention and I Pan American Blindness Prevention Congress**, September 1996, São Paulo-SP, Author of free theme: Patients with sports-related eye trauma treated at Escola Paulista de Medicina.
 - **XII Brazilian Blindness Prevention Congress and I Pan American Blindness Prevention Congress**, September 1996, São Paulo-SP, Participant.
 - **Debate Forum "Medicine and Law: Prevention of Accusations of Medical Error"**, Belo

Horizonte, MG, August 1998.

- **1st Pediatric Orthopedics Course at the Orthopedic Hospital**, Belo Horizonte-MG, July 1998. Congress Surgery '99, The Century of Surgeons, Congressist, Belo Horizonte, April and May 1999.
- **Congress Surgery '99, The Century of Surgeons, COURSE ASSISTANT: Methodology of Scientific Research**, Belo Horizonte, April and May 1999.
- **I Symposium on Orthopedic Traumatology, Maria Amélia Lins Hospital, Conference Secretary - "Radiology and Classification of Acetabular Fractures"**, Participant, Belo Horizonte, MG, March 2000.
- **I Symposium on Orthopedic Traumatology**, Maria Amélia Lins Hospital, symposist, Belo Horizonte, March 2000.
- **Integrated Journey of Sport and Exercise Science**, School of Physical Education, UFMG, lecturer on the theme **"Most Common Sports Injuries of Sport and Exercise Practice"**, Belo Horizonte, MG, September 2003.
- **32nd Brazilian Congress of Orthopedics and Traumatology**, Participant, Rio de Janeiro, November 2000.
- **33rd Brazilian Congress of Orthopedics and Traumatology**, Participant, Belo Horizonte, November 2001.
- **Foot Course, Brazilian Society of Orthopedics and Traumatology, SBOT**, Belo Horizonte-MG, October 2002
- **Shoulder Course, Brazilian Society of Orthopedics and Traumatology, SBOT**, Belo Horizonte-MG, November 2002.
- **25th Brazilian Congress of Hand Surgery**, Participant, Joinville, Santa Catarina, Brazil, March 2005.
- **Police Improvement Course**, Minas Gerais Civil Police Academy, March to May, Belo Horizonte, MG, Brazil, 2006.
- **II Journey of Orthopedics and Traumatology**, Unimed Ribeirão Preto, International, Ribeirão Preto, SP, May 2005.
- **13th Brazilian Congress of Arthroscopy**, Participant, Belo Horizonte, MG, June 2009.
- **5th Brazilian Congress of Sports Traumatology**, Participant, Belo Horizonte, MG, June 2009.
- **I Minas Gerais Congress of Exercise and Sport Medicine**, Lecturer, Belo Horizonte June 2010.
- **Symposium on Advancing the Use of Intramedullary Rods "**, Belo Horizonte, MG, November 2010.
- **23rd Brazilian Congress of Exercise and Sports Medicine and 5th Congress of the Society of Sports Medicine of Rio de Janeiro**. Participant, Petrópolis, Rio de Janeiro, Brazil, June 2011.
- **Unimed-BH customer service course, obtaining the "A" concept for excellence in service**, Belo Horizonte, MG, August 2011.
- **Saturday of Pain**, 2012 Edition, Itinerant Journey of Update to the Health Professional, Speaker, Belo Horizonte, MG, December 2012.
- **Advanced Surgical Treatment of the Unstable Knee, ACL & PCL reconstruction, Osteochondral and Meniscal Lesions Repair and Tibial Opening Wedge Osteotomy with Puddu Plate**. Arthrex Learning Center, Sao Paulo, SP, September 2013.
- **III Symposium on Sports Medicine at Biocor Institute: multidisciplinary approach**. Participant, Belo Horizonte, MG, October 2013.
- **PHASE Basic Workshop on Forensic Anthropology, (Forensic Anthropology Society of Europe), Faculty of Science and Technology, University of Coimbra**, September 2016, Coimbra.
- **V Portuguese Journey of Paleopathology. Department of Life Sciences, University of Coimbra**, November 2016.
- **37th Portuguese National Congress of Orthopedics and Traumatology SPOT**, Participant, Coimbra, Portugal, 26-28 October 2017.
- **3rd Tumor Course of the Locomotor Apparatus, CIMAGO**, Participant, Coimbra, Portugal, March 7-9, 2018.
- **Knee Course, Knee Society of the State of Minas Gerais**, Participant, Belo Horizonte, 28 and

29 september 2018, Brazil.

Estágios Profissionais:

1. **Serviço de Ortopedia e Traumatologia dos Hospitais Mater Dei, Instituto Mineiro de Oncologia- Hospital Luxemburgo**, H. Evangélico, entre 27/janeiro e 12/ julho 1998.
Acompanhamento das atividades de ambulatorios, bloco cirúrgico e reuniões clínicas dos referidos serviços.
2. **Fellow em cirurgia do joelho, Hospital Madre Teresa BH**, sob orientação do Prof. Dr. Lúcio Honório de Carvalho Jr. 2008.
3. ESTÁGIO EM CURSO:
4. **Serviço de Ortopedia e Traumatologia do CHUC, sob orientação do Prof. Dr. Fernando Fonseca, início em março de 2017.**

PERSONAL SKILLS

Mother tongue(s) Portuguese

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
Spanish	C1	C2	B2	B2	B1
Italian	C1	C1	B2	B1	A2
French	B1	B2	B2	B2	A2
German	A2	A2	B2	B2	A2
Portuguese BRA	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages